

## CHNA 18 Update

November 2016



*CHNA 18: Working together to build healthier communities through community based prevention planning and health promotion.*

[www.chna18.org](http://www.chna18.org)

### CHNA 18 News

#### NEWSLETTER SUBMISSION INFORMATION

Our newsletter is sent out every other month, but sometimes things pop up that are time sensitive and take place before the next full newsletter. We send out a mini-update like this one during the "off" months for time-sensitive events only. While we don't send out a call for announcements for these, please send along event announcements you'd like us to include and we will make sure it's in the update.

All newsletters are sent out the 3rd week of each month usually on the Wednesday of that week. Submissions should be sent no later than the 3rd Tuesday of each month.

CHNA 18 has it's own website: [www.chna18.org](http://www.chna18.org)  
Check out our site for updates, announcements, funding opportunities and more!

### In This Issue

Upcoming Events

CHNA 18 website  
CHNA 18 Grantees  
Needs Assessment Report

[Join our Mailing List!](#)

### UPCOMING EVENTS



# Being Mortal

## Medicine and What Matters in the End

### What:

The public is warmly invited to this free screening and discussion of the PBS FRONTLINE film, "Being Mortal," based on the best-selling book by Atul Gawande, MD.

### When:

Nov. 7, 2016 2-4 p.m. and Nov. 10, 2016 6-8 p.m.

### Where:

Kraft Hall at The Dover Church  
17 Springdale Avenue, Dover, Mass.

### About:

Based on the best-selling book by Atul Gawande, MD, this documentary explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them.

See the film and be part of a national conversation that brings medical professionals and community members together. The discussion will be led by BID-Needham's Dr. Henry Koziel & Dr. Philip Triffletti

**Registration is required.**

**RSVP to 508-785-0957 or [admin@thedoverchurch.org](mailto:admin@thedoverchurch.org)**



Beth Israel Deaconess Hospital  
*Needham*

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The Wellesley Council on Aging, the Friends of Wellesley Council on Aging, ESC of New England, Encore Boston Network, and the Wellesley Health Department proudly present

# ReInvest in You

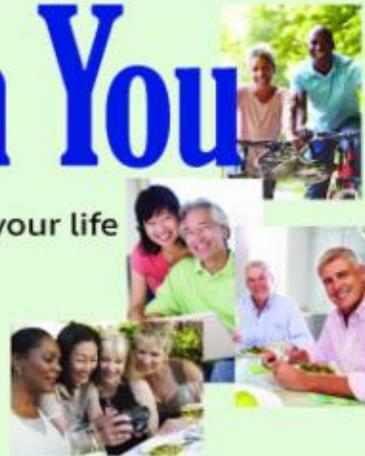
A conference and expo to help you navigate the next exciting chapters of your life

Saturday, December 3, 2016

8:30 a.m. - 2:30 p.m.

Wellesley High School

50 Rice Street, Wellesley, MA 02482



## Robin Young Keynote Speaker & Panel Moderator

**Robin Young**, host of *Here & Now* on WBUR, Peabody award-winning documentary film maker and winner of several television Emmy awards, will provide the keynote address and moderate a panel discussion regarding health & wellness, discovering one's encore, connections and relationships, and strategies for resilience.

## Workshops & Exhibitors

Select from a schedule of workshops, and visit more than 40 exhibitors of leading organizations and professionals who will share their expertise in Health & Wellness, Discovering Your Encore, Connections & Relationships, and Financial Planning & Preparation:

- Aging Boldly - The ABC's of Movement
- Mindfulness Training
- Couples Retirement Opportunities
- Finding Your Encore
- Boomers Guide to Preparing Your Money for Retirement
- Encore Fellowships: Second Acts with Social Purpose
- Eat to Feel GREAT
- Women - Staying Active, Strong & Sexy
- Yoga for Living Well
- Guidance for Children with Declining Parents
- Thinking Beyond the Money

*See reverse side for workshop details  
Continuing Education Units (CEUs) will be offered to nurses*

**Registration: \$20** prior to event, **\$25** at door. Includes lunch and drawing for prizes.

To register: Go online to [reinvestinyou2016.eventbrite.com](http://reinvestinyou2016.eventbrite.com), fill out and mail form on back, or phone 617-357-5550. Registration is non-refundable. For more information go to [www.wellesleyfriendscoa.com](http://www.wellesleyfriendscoa.com).

## WEBINAR : HOW TO IDENTIFY MULTI-SECTOR PARTNERS (webinar)

Nov 17, 2016 1:00 - 2:30pm EST

The most effective community health collaborations and coalitions are built upon a common agenda shared by diverse sectors (e.g., healthcare, planning, housing, transportation, business, and other non-traditional partners). This webinar will present an overview of the various levels of engagement and specific strategies to engage partners at each level.

Trainer: Laurie Jo Wallace; HRiA



Audience: Individuals or teams beginning to develop a coalition or partnership, or those who are changing or expanding the focus of their coalition.

Learning Objectives: Participants completing this webinar will be able to:

1. Identify "who else needs to be at the table."
2. Use the tools presented to begin their own stakeholder analysis.
3. Identify specific strategies to reach out to potential partners.

[REGISTER HERE!](#)

The CHNA 18 Newsletter or Mini-Update will be sent out during the third week of each month. We welcome submissions by the third Tuesday of each month.

- Event announcements
- New programs
- Grants and funding opportunities
- Job openings
- New research
- Community resources
- Other information you think would be useful

We will do our best to include all the information submitted. Please send your information to our coordinator, Jhana Wallace, at [jhanaw@gmail.com](mailto:jhanaw@gmail.com).

The newsletter will be sent out electronically. The deadline for submissions will be the Third Tuesday of each month. However, if you come upon an item you think should be included and it's past the deadline, send it anyway and we'll try to include it.

Sincerely,

CHNA 18 Steering Committee