

CHNA 18 Update

June 2017



CHNA 18: Working together to build healthier communities through community based prevention planning and health promotion.

www.chna18.org

CHNA 18 News

NEWSLETTER SUBMISSION INFORMATION

Our newsletter is sent out every month, but occasionally there are not enough events for a full issue, especially in the summer months. In that case, we sent a mini-newsletter with just upcoming events.

All newsletters are sent out the 3rd week of each month usually on the Wednesday of that week. Submissions should be sent no later than the previous Monday.

CHNA 18 has it's own website: www.chna18.org
Check out our site for updates, announcements, funding opportunities and more!

In This Issue

Upcoming Events

CHNA 18 website
CHNA 18 Grantees
Needs Assessment Report

[Join our Mailing List!](#)

UPCOMING EVENTS

Thanks to all who came to our SPRING WORKSHOP SERIES "BUILDING CONNECTIONS"! Stay tuned for exciting offerings from CHNA 18 this Fall!



Save THE Date

October 13, 2017

8:30 am – 1:30 pm

ANNUAL SUMMIT OF THE RESILIENCE PROJECT
*Mentorship in School:
Promoting Resilience and Preventing Burnout*

NEWTON-WELLESLEY HOSPITAL
Invitation to follow | nwhresilienceproject.org



THE RESILIENCE PROJECT

A Newton-Wellesley Hospital community health initiative



FREE TWO DAY Youth Mental Health First Aid Training on
Thurs July 6th, and Thurs July 20th, 2017 5PM – 9 PM
Location: Watertown Police Department

Sometimes, first aid isn't
a **bandage**, or
CPR,
Sometimes, first aid is **YOU!**

A young person you know
could be experiencing a
mental health or substance
use problem.

Learn an action plan to help.

Location:
Watertown Police Department -
Community Room
552 Main Street, Watertown, MA 02472

Cost: FREE for all!
Preference given to those who live or work in
Watertown, Waltham, Brookline or Belmont
*Registration is required
*Must attend both days of training
*Dinner and snacks will be provided
*Course book included

To register:
Go to <https://tinyurl.com/nxnct3l>

Call **Natasha Pierre** at 617-284-2646
Or email natasha_pierre@waysideyouth.org

Anyone 18 or older can take Youth
Mental Health First Aid, but it is
recommended for those who
regularly have contact with young
people ages 12-18 - teachers,
coaches, social workers, faith leaders and
other caring citizens.

Sponsored by Wayside Youth and Family Support Network



REGISTRATION INFORMATION

Name: _____ Email address (if any) : _____
Reason for attending: _____ Phone number: _____
(ex. More mental health information, to help a friend, etc. .)



OTHER SESSIONS AVAILABLE: CHECK OUT THE [WAYSIDE WEBSITE](#) FOR MORE INFORMATION.

**Upcoming Opportunities from Families for Depression
Awareness www.familyaware.org**

The American Health Care Act: What's at Stake for Our Mental Health?

Learn about

- How the Affordable Care Act advanced mental health parity for families
- What families should know about the AHCA
- What families can expect from the Congress moving forward

FREE WEBINAR!
Tuesday, June 27
3 PM ET / 12 PM PT

Healthcare Reform

Register:
www.familyaware.org/trainings

Families for
Depression Awareness

AFFILIATE MEMBER
NATIONAL COUNCIL
FOR DEPRESSION HEALTH
Mental Health, Strong Communities

Recruiting New Teen Speakers for our Teens Program!

Currently we are on the lookout for new teen speakers. Our Teen Speakers Program provides teens and young adults (age 14-24) with opportunities to share their personal stories of living with depression or bipolar disorder. These stories are shared in schools and communities to encourage other young people to seek help. They dispel misconceptions about people affected by mood disorders, alleviate the social stigma around mental health issues, and encourage help-seeking by those who may be having difficulties. Know a teen who may be interested? Contact Programs Coordinator, Arielle Cohen, at Ari@familyaware.org or (781) 890-0220. If you are ready to volunteer today, fill out our form! <http://familyaware.org/support-our-work/volunteer/volunteer-with-ffda>

Coping with Stress workshop on-site at no cost to Massachusetts businesses and organizations.

Designed for people of working age, the 1-hour Coping with Stress workshop discusses stress and strategies to manage it, introduces conditions that are "more than stress" - anxiety or depression - how to recognize them, and how to get help. For more information, contact Programs Coordinator, Arielle Cohen, at Ari@familyaware.org or (781) 890-0220



ADVANCING WOMEN IN PUBLIC HEALTH & MEDICINE SYMPOSIUM

SEPTEMBER 15, 2017 | JOSEPH B. MARTIN CONFERENCE CENTER | BOSTON, MA

Sponsored by Teikyo-Harvard Program

Date: September 15, 2017

Time: 8:00 a.m. to 3:00 p.m.

Location: Joseph B. Martin Conference Center (Rotunda)

Address: 77 Louis Pasteur Avenue, Boston, MA 02215

(Across the street from the Boston Latin School)

Background

The Advancing Women in Public Health & Medicine Symposium will take place September 15, 2017, from 8:00 a.m. to 3:00 p.m., at the Joseph B. Martin Conference Center, in Boston, MA. The event's distinguished faculty will engage audience members on diverse issues.

Meredith Rosenthal, Senior Associate Dean for Academic Affairs and Professor of Health Economics and Policy, of Harvard T.H. Chan School of Public Health, will address the importance of enhancing diversity among public health practitioners in the U.S., while Marko Inoue and Keiko Nomura, Associate Professors at Teikyo University Graduate School of Public Health, will discuss the unique challenges facing women in the public health arena in Japan.

Participants also will hear cutting research. Dr. Erica Warner, Assistant Professor at the Harvard Medical School, will discuss her network analysis of promotion in academia, while Dr. Yusuke Tsugawa, Research Associate at Department of Health Policy, Teikyo University Graduate School of Public Health, will share results of his research that asks "Do female physicians have better patient outcomes?"

Seating for this event is free, but limited, so reserve your seat today!

Faculty List

Eliji Yano, Dean Emeritus, Teikyo University Graduate School of Public Health

Hiroko Okinago, Vice President, Teikyo University Graduate School of Public Health

Meredith Rosenthal, Senior Associate Dean for Academic Affairs, and Professor of Health Economics and Policy, Harvard T.H. Chan School of Public Health

Marko Inoue, Associate Professor, Teikyo University Graduate School of Public Health

Erica Warner, Assistant Professor, Harvard Medical School

Yusuke Tsugawa, Research Associate at Department of Health Policy, Teikyo University Graduate School of Public Health

Dr. Keiko Nomura, Associate Professor, Teikyo University Graduate School of Public Health

[REGISTER HERE](#)



State Approaches to Addressing Health Disparities

Tuesday, June 27 at

2 p.m. ET/ 1 p.m. CT/ 12 p.m. MT/ 11 a.m. PT

Health disparities-differences in health and health care experienced by groups based on social, economic and environmental factors-persist across the nation. Each year, health disparities lead to significant human and financial costs, as certain people experience poorer living conditions, worse health status and treatment outcomes, and more difficulty accessing health care services than their peers in other population groups.

State legislators have pursued various policy approaches to reduce health disparities in their communities and states. Through legislative tracking, NCSL has identified multiple strategies being pursued by states, including increasing workforce diversity, improving cultural competence in health care services and addressing the social determinants of health. This webinar will discuss why state policymakers may want to address health disparities and explore state policy approaches and examples.

[REGISTER HERE](#)

Note: The webinar is free for all participants, however, you may have to create a login to register.

The next JF&CS Memory Café will be held on Friday, July 7, from 10 a.m. to noon.

Our guest artist will be Jane Blair of ArtMatters, who will guide us in an exploration of our connections to animals through art. As always, our activities are interactive, and designed to be fun for individuals with dementia due to any underlying condition

and at any stage, as well as their care partners. No experience is necessary.

Please share the attached invitation with your patients, clients and colleagues. Jane has also created a collage for this session, which is attached. Providers are welcome to come experience the JF&CS Memory Cafe firsthand.

We are located at 1430 Main Street, Waltham.

Please see www.jfcsboston.org/MemoryCafeDirectory for a full list of memory cafés across Massachusetts. JF&CS has developed a free memory café toolkit in collaboration with the Massachusetts Association of Councils on Aging, available at www.jfcsboston.org/MemoryCafeToolkit or in Spanish at www.jfcsboston.org/GuiaCafeDeMemoria

Feel free to contact me with questions at bsoltzberg@jfcsboston.org or 781-693-5628. Thanks so much for your support of the JF&CS Memory Café.

The CHNA 18 Newsletter or Mini-Update will be sent out during the third week of each month. We welcome submissions by the third Tuesday of each month.

- Event announcements
- New programs
- Grants and funding opportunities
- Job openings
- New research
- Community resources
- Other information you think would be useful

We will do our best to include all the information submitted. Please send your information to our coordinator, Jhana Wallace, at jhanaw@gmail.com.

The newsletter will be sent out electronically. The deadline for submissions will be the Third Tuesday of each month. However, if you come upon an item you think should be included and it's past the deadline, send it anyway and we'll try to include it.

Sincerely,

CHNA 18 Steering Committee