

## CHNA 18 Newsletter

May

2015



*CHNA 18: Working together to build healthier communities through community based prevention planning and health promotion.*

[www.chna18.org](http://www.chna18.org)

### CHNA 18 News



SOON!

**Exciting news! CHNA 18 will be working closely with SOAR 55 (Service Opportunities After Reaching 55) professionals to help us develop a new vision for our group. SOAR 55 describes their mission as *"SOAR 55 mobilizes adults age 55 and over to contribute their skills and experience in meaningful service activities to help strengthen and expand the capacity of local community service organizations."***

*All activities/events sponsored by the CHNA are "in limbo" while we work with SOAR55 to develop a meaningful action plan for our future. Stay tuned for updates and exciting opportunities!*

Check SOAR 55 out [HERE!](#)

### In This Issue

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[Join our Mailing List!](#)

CHNA 18 has its own website: [www.chna18.org](http://www.chna18.org)  
Check out our site for updates, announcements,  
funding opportunities and more!

## UPCOMING EVENTS AND ANNOUNCEMENTS

### **WEBINAR AND SOURCE: CHI Navigator is Live! Register for Webinar Now**

The CDC Community Health Improvement Navigator (CHI Navigator) is now live on [www.CDC.gov](http://www.CDC.gov)!

The CHI Navigator is a website for people who lead or participate in community health improvement (CHI) work within hospitals and health systems, public health agencies, and other community organizations. It is a one-stop-shop that offers community stakeholders expert-vetted tools and resources for:

1. Depicting visually the who, what, where, and how of improving community health
2. Making the case for collaborative approaches to community health improvement
3. Establishing and maintaining effective collaborations
4. Finding interventions that work for the greatest impact on health and well being for all

If you haven't yet, mark your calendars for our upcoming CHI Navigator webinar on Tuesday, May 19 from 2 to 3:30 pm EDT! Register for the webinar now and feel free to invite your networks: [www.CHInav.eventbrite.com](http://www.CHInav.eventbrite.com). Speakers include Robert Wood Johnson Foundation's Paul Kuehnert and leaders from Presence Health in Illinois and St. Luke's Health in Houston.

Thank you and we look forward to your participation next Tuesday!

Denise

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### **WEBINAR: "Bipolar Disorder in Adults"**

Families for Depression Awareness is presenting a free, 1-hour "Bipolar Disorder in Adults" webinar on Wednesday, June 10 at 7:00 PM ET / 4:00 PM PT. Designed for adults with bipolar disorder, their family caregivers, and the general public, the webinar covers

- How to recognize bipolar disorder
- What are treatment options
- How to help a loved one
- How to manage bipolar disorder
- How to address difficulties, such as refusal of help

Our expert presenter is Dr. Gary Sachs, Associate Clinical Professor in Psychiatry at Harvard Medical School; Founding Director of the Massachusetts General Hospital Bipolar Clinic and

Research Program; and Clinical Vice President at Bracket, LLC. Dr. Sachs served as Principal Investigator of the NIMH Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD).

Watch the webinar live to submit questions to Dr. Sachs. Those who complete the online evaluation form after the webinar will receive a free copy of our "Bipolar Disorder: Stories of Coping and Courage" brochure.

Unable to attend the live broadcast? Register and we will let you know when the recorded version is available.

Register at [www.familyaware.org/trainings](http://www.familyaware.org/trainings).

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### **WEBINAR: Stigma Around Substance Misuse**

On May 27 from 1:00 - 2:30 p.m., MassTAPP will host a webinar where participants will be provided with a brief overview and history of stigma around substance misuse, learn some of the consequences of stigma, and what we can do as preventionists to combat it by educating the various audiences in our community. We'll also hear about what various communities across the Commonwealth have done to combat stigma.

To register for this webinar, please click [HERE](#).

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### **CONFERENCE: Aging With Dignity**

You are invited to the Aging with Dignity Conference 2015.

When?

Wednesday, June 3, 2015

8:15 AM to 3:30 PM

Where?

College of the Holy Cross

Hogan Campus Center, 1 College Street, Worcester, Massachusetts 01610, USA

Please click here for conference information and to register:

[REGISTER HERE](#)

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### **WORKSHOP: Health and Community Development: Leveraging Resources and Opportunities for Collective Impact**

Sponsored by American Public Health Association, Prevention Institute, Public Health Institute, and Trust for America's Health

Dates: June 4, 2015

9:30am-12:30pm, 9:00am coffee and networking

Location: South Middlesex Opportunity Council  
7 Bishop St

Framingham, MA 01702

Instructors: Barry Keppard, Metropolitan Area Planning Council and Brittany Chen, Health Resources in Action

In Partnership with the Community Health Training Institute

Did you know that safe and affordable housing, economic security and strong communities have a positive impact on health outcomes according to research? Did you know that there are increasingly more opportunities to bring diverse sectors together to create healthier residents and more vibrant communities?

The release of the Community Investment Tax Credit Health Impact Assessment in September 2014 catalyzed local and statewide conversations about how we can more intentionally integrate community development, public health, and health care efforts. Join us to continue this conversation and identify opportunities to leverage the public health outcomes of community development.

In this interactive half-day session we will have cross-sector discussions where we will identify practical and actionable ways that community developers, public health advocates, and health care leaders can leverage resources and reduce disparities. In addition, we will walk through national and local policies and opportunities, including the Affordable Care Act, that provide opportunities for diverse sectors to partner together for collective impact.

"Bring a Date": Invite a local health organization/center (if you are a Community Development organization) or a local community development organization (if you are a health organization) and pay only \$15 for your partner!

Registration deadline: Thursday, May 28, 2015

Register [HERE](#).

Registration fee: \$25

Type of event: MKI Training

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**EVENT: ( for adults with a parent who has dementia)"Salsa, Sangria & Dementia"**

This event will be held at Jose's Mexican restaurant in Cambridge. Click [HERE](#) for all the details.

Ongoing: Balancing Act, the monthly evening group for adults whose parent has dementia. We meet in Waltham, and we have room in our group for new participants. Here is a blog post about the group: Balancing Act: Managing an Evolving Relationship. Anyone who is interested should contact me directly at [atbsoltzberg@jfcsboston.org](mailto:atbsoltzberg@jfcsboston.org) or 781-693-5628.

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## **FORUM: 19th Annual Public Health Policy Forum, Health Care Reform: A Report Card**

On Wednesday evening, June 25, 2014, triumphs and challenges in the implementation of the Affordable Care Act (ACA) will be the focus of the 19th Annual Public Health Policy Forum, Health Care Reform: A Report Card, to be held at the Brookline Senior Center, 93 Winchester Street, Brookline, MA. Following a reception from 6-7 PM, the forum will begin at 7:00 PM.

Former Governor Michael Dukakis will moderate the panel, which features Celia Wcislo, Vice President of healthcare labor union United Healthcare Workers East and Commonwealth Connector Authority Board member; Ture Richard Turnbull, MS, Executive Director of single payer advocacy firm Mass Care and Massachusetts LGBT Youth Commissioner; and David R. Williams, Ph.D., Harvard University Professor of Public Health, African American Studies and Sociology, global expert in racial and socioeconomic health disparities, and national health policy leader.

Sponsored by the Friends of Brookline Public Health and the Brookline Adult and Community Education Program, the forum offers Brookline residents an opportunity to hear experts from three different fields critique the execution of the Affordable Care Act (ACA) and learn about what it might mean for them.

The Public Health Policy Forum is co-sponsored by the Brookline Department of Public Health, the Brookline Council on Aging, the Brookline Human Relations/Youth Resources Commission, League of Women Voters of Brookline, the Brookline Commission for Women, and the Brookline Department of Veterans Services. The forum is free and open to the public. Registration is not required. For further information, contact the Brookline Department of Public Health, 617-730-2336 or Brookline Adult and Community Education, [www.brooklineadulted.org](http://www.brooklineadulted.org)

To see the flyer, click [HERE](#).

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**SAVE-THE-DATE for the upcoming Ounce of Prevention Conference.** This event is sponsored by the Massachusetts Department of Public Health. To download a copy of the save-the-date, please click [HERE](#).

When?

Tuesday, April 7, 2015

Where?

DCU Center

50 Foster St.

Worcester, Massachusetts 01608

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### **ONGOING:**

**JF&CS Memory Café.** Next Cafe, June 5th. First Friday morning of the month, except on major holidays, 10 a.m. - noon. Location: JF&CS headquarters, 1430 Main Street, Waltham. A welcoming place for individuals and families living with memory changes. Guests requiring personal care assistance are asked to bring a care partner with them. Enjoy coffee, refreshments, and conversation with new friends. Every month a guest artist will share his or her art and then facilitate a creative exploration with café guests. Co-hosted by the

Waltham Student Group of Brandeis University. Free of charge. Contact Beth Soltzberg for information, at 781-693-5628 or [bsoltzberg@jfcsboston.org](mailto:bsoltzberg@jfcsboston.org).

For a listing of all cafés currently running in the Greater Boston area, please see: [www.jfcsboston.org/MemoryCafeDirectory](http://www.jfcsboston.org/MemoryCafeDirectory)

**Tremble Clefs** therapeutic singing group for people with Parkinson's disease and their care partners. Meets Monday mornings, 10:30 - 12:00 at the United Parish of Auburndale, Newton. Registration required. Contact Beth Soltzberg for information, at 781-693-5628 or [bsoltzberg@jfcsboston.org](mailto:bsoltzberg@jfcsboston.org).

**New:** JF&CS is collaborating with a network of providers to support the development and sustainability of memory cafés throughout Greater Boston. Please see [www.jfcsboston.org/MemoryCafeDirectory](http://www.jfcsboston.org/MemoryCafeDirectory) for a listing of cafés that we hope will grow over time.

The Café is open to those at any stage of disease progression. Guests requiring personal care assistance must bring a care partner with them, as staff and volunteers are not able to provide this assistance. The Café is intergenerational, with a large number of college students and other young volunteers.

## Spotlight On: The Freedman Center for Child and Family Development at MSPP

The Richard and Joan Freedman Center for Child and Family Development was established at The Massachusetts School of Professional Psychology (MSPP) in 2006 and offers an array of programming addressed at strengthening parent/child relationships as well as bolstering the mental health services available to at-risk children and adolescents. The center's mission is to provide mental health promotion, prevention and early intervention services to families and children ages birth through 24 years. Last year, The Freedman Center served over 3,000 children and families through our face-to-face programs and through our Whyville project we reached over 5,000 children and families.

The center's programming is aligned with MSPP, which is changing its name to William James College in May. The new name honors William James, the father of American psychology and an advocate whose prolific writings and prodigious mentorship profoundly influenced the practice of applied psychology, experiential education, sociology, and race relations. William James College and The Freedman Center are in lock step in promoting mental health and prevention of mental illness. The center's programming includes: parenting support and children's play groups; the "Primary Project," which provides children at risk of, but not yet experiencing, social-emotional or school adjustment problems; Professional training, education and consultation services to Greater Boston schools and community agencies; INTERFACE Referral Service, a help-line service serving Massachusetts families in need of mental health services to appropriate providers; and, WhyWellness, an on-line social emotional wellness center that provides strategies for mental wellness and tips for mental health in a child friendly gaming environment.

Contact Info: Beth Rogan, BA, RN

## New Resources

### JOBS

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**Executive Search for the Northern Berkshire Community Coalition** : The Northern Berkshire Community Coalition (nbCC), a welcoming, close-knit community-based organization of area nonprofit, neighborhood and community leaders and citizens, is seeking a new executive director to shepherd the organization through its next phase of growth. I am assisting the Board of Directors of nbCC with its executive search and we are spreading the word about this opportunity as widely as possible. Will you please share this information with your networks?

Under the leadership of founder and long-time Executive Director Al Bashevkin, nbCC has grown into an organization with strength in its programming, reputation and community action. Mr. Bashevkin has recently announced his departure and nbCC is seeking a new leader with strong relationship building, facilitation and communication skills, and the unique ability to lead from behind. The ideal candidate will have the strategic and operational acumen required of every executive director in a nonprofit of nbCC's size and maturity, and will be a hands-on operational manager, an effective fundraiser and the community face of the organization.

For the complete position profile and candidacy submission guidelines, please visit <http://tsne.org/executive-director-northern-berkshire-community-coalition>

**Development Administrative Assistant:** The Foundation for MetroWest is seeking to hire a part-time (20 hours/week) Development Administrative Assistant. Reporting to the Chief Philanthropy Officer, the Development Administrative Assistant will be a driven and organized professional with exceptional communication skills. The ideal candidate will live in or have strong ties to MetroWest.

#### Responsibilities

- Support and assist Chief Philanthropy Officer, and other Development Staff
- Provide support for cultivation, solicitation and stewardship of donors
- Data entry/tracking in eTapestry
- Generating database reports
- Assist with planning and execution of Annual Appeal
- Prepare correspondence including recognition and acknowledgement of donors, invitations and meeting follow-up
- Create materials for prospect meetings

- Support of Foundation events, including coordinating invitations, registration, site logistics (name tags, materials) records, and follow up
- General administrative office duties, including managing of supplies and inventory, placing orders/working with vendors as necessary
- Coordinate, manage and maintain/schedule Board and Committee meetings Perform other duties or special projects as directed by supervisor

#### Qualifications

- Experience working with and communicating with a wide range of people including Trustees, donors, and fund holders
- Outstanding written and verbal communication skills
- Must have exceptional MS Office skills and donor database experience
- Ability to prioritize, juggle multiple projects and meet deadlines
- Flexible work schedule- (some early morning meetings, and some later evening events)
- Strong organizational and interpersonal skills, ability to take initiative, solve problems, assess priorities and manage a variety of activities in a fast-paced, entrepreneurial environment
- Excellent time and project management skills
- Strong work ethic
- Willingness to roll your sleeves up, do the "little things that need to be done"
- Self motivated, detail oriented, focused
- Professional demeanor, team player, positive attitude

Please submit a letter of interest and writing sample to [info@foundationformetrowest.org](mailto:info@foundationformetrowest.org)

### FUNDING

**Funding source database:** There is now a comprehensive link, Prevention and Public Health Fund Reporting Database, maintained by the Department of Health and Human Services. "This database includes funding opportunity announcements, requests for proposals, and other funding solicitations for activities funded from the Prevention and Public Health Fund." It can be sorted a number of different ways. Click [here](#) to access the website.

### NEW RESOURCES

**ARTICLE:** [This article discusses the role on healthcare in population health](#)

**ARTICLE(S):** New series of articles on communities creating health in the [Stanford Social Innovation Review](#).

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**[http://www.ssireview.org/creating\\_health?  
utm\\_source=Enews&utm\\_medium=Email&utm\\_campaign=SSIR\\_Now](http://www.ssireview.org/creating_health?utm_source=Enews&utm_medium=Email&utm_campaign=SSIR_Now)**

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**[http://www.mahealthcouncil.org/Information about the sequestration and health:](http://www.mahealthcouncil.org/Information_about_the_sequestration_and_health:)  
[http://blog.oup.com/wp-content/uploads/2013/05/Sequestration\\_Infographic.pdf](http://blog.oup.com/wp-content/uploads/2013/05/Sequestration_Infographic.pdf)**

**ARTICLE:** How to access Advocacy efforts ( what are the measures of success).  
Click [here](#) to see the article.

**REPORT :** [MMWR, Mental health Surveillance Among Children 2005-1022](#)

This report summarizes information about ongoing federal surveillance systems that can provide estimates of the prevalence of mental disorders and indicators of mental health among children living in the United States and presents estimates of childhood mental disorders and indicators from these systems during 2005-2011 . Click [here](#) to see the report.

**[Mental Health Assessments and Treatment Resources Available Following Tragedy in Boston SMH & Mass 211 Partnership Launches www.StayStrongBoston.org](#)**

BOSTON - April 25, 2013 - For Immediate Release - To assist in the mental recovery from the recent Boston Marathon attack, the Boston-area nonprofit, Screening for Mental Health, Inc. is partnering with Mass 211 and the Substance Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress Hotline to provide the public with online mental health assessments and treatment resources at [www.StayStrongBoston.org](http://www.StayStrongBoston.org). The website, created with support from an initiative with the Massachusetts Department of Public Health Suicide Prevention Program, will take individuals to a mental health assessment and information on how to contact the SAMHSA Disaster Distress Hotline.

"StayStrongBoston.org will help individuals assess if they are struggling with a mental health concern, educate friends and family members on what to do if a loved one is at risk, and provide individuals with the resources to talk to a mental health professional about their own or a loved one's situation," said Douglas G. Jacobs, M.D., associate clinical professor of psychiatry at Harvard Medical School and the founder of Screening for Mental Health, Inc. "Traumatic events can trigger signs of distress in those affected by a crisis. It doesn't matter what your relationship was to the bombings in Boston-it is important to reach out for help if you are showing any signs of distress."

According to SAMHSA, signs of emotional distress following incidents of mass violence may include:

- Eating or sleeping too much or too little
- Pulling away from people and things
- Having low or no energy
- Feeling numb or like nothing matters
- Having unexplained aches and pains like constant stomachaches or headaches
- Feeling helpless or hopeless

- Excessive smoking, drinking or using drugs (including prescription medication)
- Feeling unusually confused or forgetful
- Yelling or fighting with family or friends
- Having thoughts or memories you can't get out of your head
- Thinking of hurting or killing yourself or someone else
- Unable to perform daily tasks like taking care of your kids or getting to work or school

These changes-both physical and emotional-are normal and most often temporary. Following the recent bombings, some individuals will be more vulnerable to these effects than others. Survivors of the attack, loved ones of the victims, first responders and community members living in close proximity to the bombings and lockdown are at a greater risk. These signs of distress can appear immediately following a traumatic event and usually improve over time. If the symptoms interfere with daily life or if the symptoms become worse, it is important that individuals seek professional help.

"Trauma reactions such as stress and anxiety or depression are normal at this time," said Lynne Pizette, director of Mass 211. "It's important to allow yourself permission to experience these reactions. Take care of yourself the best you can, and ask for help from others if you need it."

Anonymous self assessments for PTSD, depression, anxiety and other mental health concerns are available at [www.StayStrongBoston.org](http://www.StayStrongBoston.org). After completing a confidential screening, individuals will receive feedback and a referral to treatment resources if warranted.

Screening for Mental Health Inc. (SMH) is the non-profit organization that first introduced the concept of large-scale mental health screenings with its flagship program, National Depression Screening Day, in 1991. SMH programs include both in-person and online programs for depression, bipolar disorder, generalized anxiety disorder, posttraumatic stress disorder, eating disorders, alcohol problems, and suicide prevention. SMH programs have been used by hospitals, mental health centers, social service agencies, government agencies, older adult facilities, primary care clinicians, colleges, secondary schools, corporations and military installations reaching individuals ranging from adolescents to older adults.

Mass 2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, Mass 2-1-1 maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies. It is available 24 hours a day, 7 days a week, and is an easy way to find or give help in your community. Mass 2-1-1 responds immediately during times of crisis, to field calls regarding the crisis and to direct callers to services most appropriate for their needs.

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Contacts:

Screening for Mental Health, Inc.

Angela Devereaux: [Adevereaux@mentalhealthscreening.org](mailto:Adevereaux@mentalhealthscreening.org)

(781) 591-5234

Katherine Cruise: [Kcruise@mentalhealthscreening.org](mailto:Kcruise@mentalhealthscreening.org)

(781) 591-5239

Mass 211

Lynne Pizette: [lynnep@mass211.org](mailto:lynnep@mass211.org)

(508) 370-4862

## Starter Maps

This is a great web-based tool that can customize and explore the new various data sets to make dynamic, multi-layer maps for your state, county, city, or neighborhood. Examples include SNAP data, healthy food access, and much more. [Click here.](#)

## OBESITY PREVENTION

HBO's *The Weight of the Nation*<sup>™</sup> was a national conversation in 2012 but the work to address the root causes of obesity is far from over. Confronting America's obesity epidemic requires ongoing action in every community across the country. Recognizing this, Kaiser Permanente and Community Initiatives partnered to create *The Weight of the Nation Screening to Action: Quickstart Guide* to help individuals and organizations plan and work toward collective action. Take a short "[tour](#)" of the new resource and then download a copy to begin this important work in your own community.

## SOCIAL DETERMINANT VIDEO FROM THE WELLESLEY INSTITUTE

The Wellesley Institute made a new, 4 minute video on societal health in Canada. This might be a good tool for helping a community better understand the Social Determinants of Health (SDOH) and consider developing programming and initiatives around them. Click [here](#) to see the video web site.

## HEALTHY VENDING MACHINES

Did the new year bring you new resolve to eat healthier, only to have it sidetracked when vending machines at work contain candy, chips and soda?

- The National Alliance for Nutrition and Activity created healthier model vending machine standards and a model policy to implement them. Click [here](#) to view them.
- Community Commons features [Healthy Vending Machines](#). [Click here to see more.](#)

## Commonwealth Care Now Covers Tobacco Cessation Medications and Counseling

Beginning July 1, 2012, Commonwealth Care covers all FDA-approved smoking-cessation medications and counseling support. Evidence-based studies have shown that a combination of behavioral counseling and pharmacotherapy gives smokers the greatest chance of success in quitting.

The benefit is basically the same as MassHealth's tobacco cessation benefit:

- Two 90-day treatment regimens per year with FDA-approved medication, including nicotine-replacement therapies (patch, gum, and lozenge), bupropion, and Chantix (varenicline).
- Up to 16 face-to-face counseling sessions per 12-month cycle. These 16 sessions can include any combination of two 45-minute intake/assessment sessions per year and 14 sessions of individual or group counseling. A fact sheet detailing the Commonwealth Care and MassHealth tobacco cessation benefits can be ordered or downloaded [here](#).

The National Coalition on Health Care (NCHC) has released a plan, [Curbing Costs, Improving Care: The Path to an Affordable Health Care Future](#), that "pairs nearly \$500 billion in spending reductions and health-related revenues with longer-term policy changes designed to make health care affordable in the public and private sectors" -

The Massachusetts Department of Public Health (MDPH) is committed to the integrated delivery of health care through alignment of outpatient primary care, substance abuse services, and mental health care services. The Integration Initiative builds upon the successes of our state's health care reform work and the numerous efforts to increase access to patient-centered medical homes.

MDPH has formed an Integration Initiative Committee (IIC) to help identify and, whenever possible, overcome any potential barriers to health care integration in the licensing process. The IIC will assist outpatient primary care, mental health, or substance abuse providers that propose to add one or more of these services. The IIC will review the integration proposal, customize a process that best suits each

provider, and streamline the application process.

Report: In the report, released last week by the California Endowment, de Beaumont Foundation, Robert Wood Johnson Foundation and W.K. Kellogg Foundation, an IOM committee outlines a new, recommended framework for assessing the value of public health programs. Click [here](#) for more information.

### **Policy Link Announces New Tool for Advocates!**

GEAR (Getting Equity Advocacy Results) is the new online suite of benchmarks, methods, and tools to help advocates, organizers, and their allies track the results of their equity campaigns. Click [here](#) to see the tool.

### **New Community Action Guide To Support Infants and Young Children**

Supporting Infants, Toddlers, and Families Impacted by Caregiver Mental Health Problems, Substance Abuse, and Trauma: A Community Action Guide

presents resources that service providers, advocates, and practitioners can use to better understand and respond to young children whose caregivers are negatively affected by these issues. The Guide offers information, resources, and tips useful for engaging the wider community to come together for children and families in need of support. Click [here](#) to see and download the guide.

### **A Dialogue about the Future of Health and Health Care.**

Inspired by the recent 2012 American Public Health Association (APHA) Annual Meeting in San Francisco, the Robert Wood Johnson Foundation (RWJF) highlighted key issues and talked with national health leaders about promising strategies to improve our nation's health and health care.

Click [here](#) to see more.

### **Report:**

**2012 National Strategy for Suicide Prevention, a report of the Surgeon General and the National Action Alliance for Suicide Prevention (Action Alliance).** Click [here](#) to see the report.

**Updated Data Source: [County Health Rankings and Roadmaps](#). The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to bring this groundbreaking program to cities, counties and states across the nation.**

### **Report:**

#### **[Primary Care and Public Health: Exploring Integration to Improve Population Health.](#)**

Primary care and public health have critical roles in providing for the health and well-being of communities across the nation. Although they each share a common goal, historically they have operated independently of each other. However, new opportunities are emerging that could bring the two sectors together in ways that will yield substantial and lasting improvements in the health of individuals, communities, and populations. Because of this potential, the Centers for Disease Control and Prevention and the Health Resources and Services Administration asked the IOM to examine the integration of primary care and public health.

### **On-Line Learning: Roots of Health Equity**

Free web-based course goes live! The National Association of County and City Health Officials (NACCHO), a strategic UNNATURAL CAUSES partner, launches its new on-line course: Roots of Health Inequity. Two years in the making, the course explores the processes by which health and disease are patterned differentially by class and race as well as strategies for tackling the root causes of health inequities. While designed for public health staff, anyone make take the course. And it's free! Click [here](#) for more information.

### **Interesting new report from the Commonwealth fund on local health indicators**

[Full Report](#)

[Summary](#)

**Online Mental Health Screening: Two Month Free Program** With support from the Mass

Department of Public Health, Screening for Mental Health is excited to provide Massachusetts-based organizations the opportunity to participate in a 2-month free online mental health screening program. This opportunity is available to the first 70 organizations who register. [Click here for more information.](#)

### **Smoking Cessation Information and Resources**

In Massachusetts, 77% of adult smokers want to quit smoking. Those who attempt to quit using both quit medicine (like the patch, gum, or other medicines), as well as counseling are three times as likely to leave cigarettes behind for good. Smokers who have MassHealth coverage are eligible for only a \$1 - \$3 co-pay on all FDA approved quit medicines. Most smokers want to quit, and with the right support, they can.

If you or someone you know is interested in quitting, visit [www.makesmokinghistory.org](http://www.makesmokinghistory.org) or call 1-800-QUIT-NOW for quit tips, information on health insurance, and to read the stories of real people who have quit smoking.

If your organization is interested in providing resources around tobacco cessation and secondhand smoke, visit [www.maclearinghouse.com](http://www.maclearinghouse.com) to download and order free materials.

The CHNA 18 Newsletter will be sent out during the middle of each month. We welcome submissions!

- Event announcements
- New programs
- Grants and funding opportunities
- Job openings
- New research
- Community resources
- Other information you think would be useful

We will do our best to include all the information submitted. Please send your information to our coordinator, Jhana Wallace, at [jhanaw@gmail.com](mailto:jhanaw@gmail.com).

The newsletter will be sent out electronically. The deadline for submissions will be the last week of the month prior (for example, submissions for the May newsletter must be received by April 29th). However, if you come upon an item you think should be included and it's past the deadline, send it anyway and we'll try to include it.

Sincerely,

CHNA 18 Steering Committee