



West Suburban Community Health Network Area (CHNA) 18

CHNA 18: Working together to build healthier communities through community based prevention planning and health promotion.

Brookline Dedham Dover Needham Newton Waltham Wellesley Weston
Westwood

April 2018 Newsletter



- CHNA 18 Monthly News & Updates
- **Upcoming Events from our Community Friends and Partners**
- New and Archived Resources

CHNA 18 MONTHLY NEWS AND UPDATES

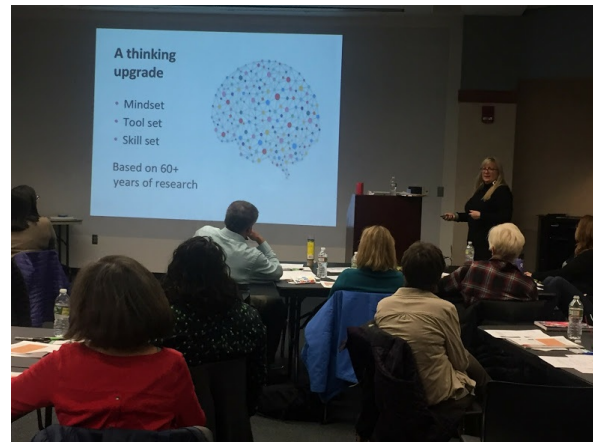
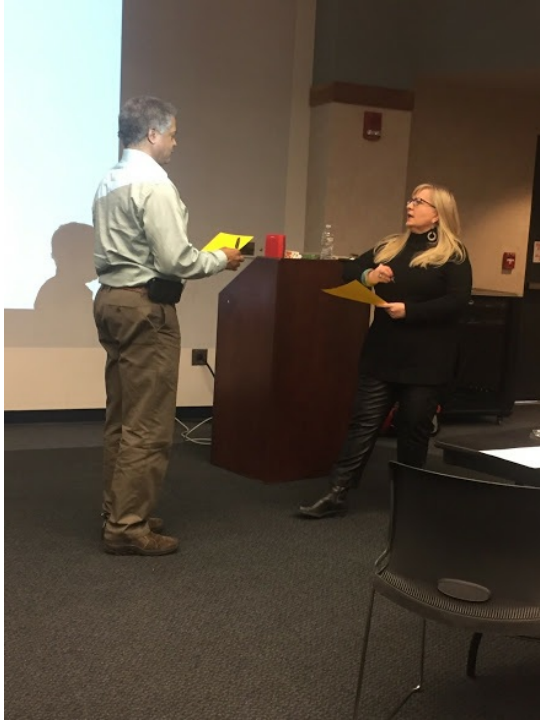
We are kicking off a new series of events and grants under the theme of "Innovative Approaches to Local Health Issues." A GREAT workshops took place on March 19th and a mini-grant release was planned to coincide with the workshop. The funding area is focused on innovative approaches to local health issues. We had 20 applications for these grants, and are currently in the middle of the review process. Stay tuned to see who will be funded!

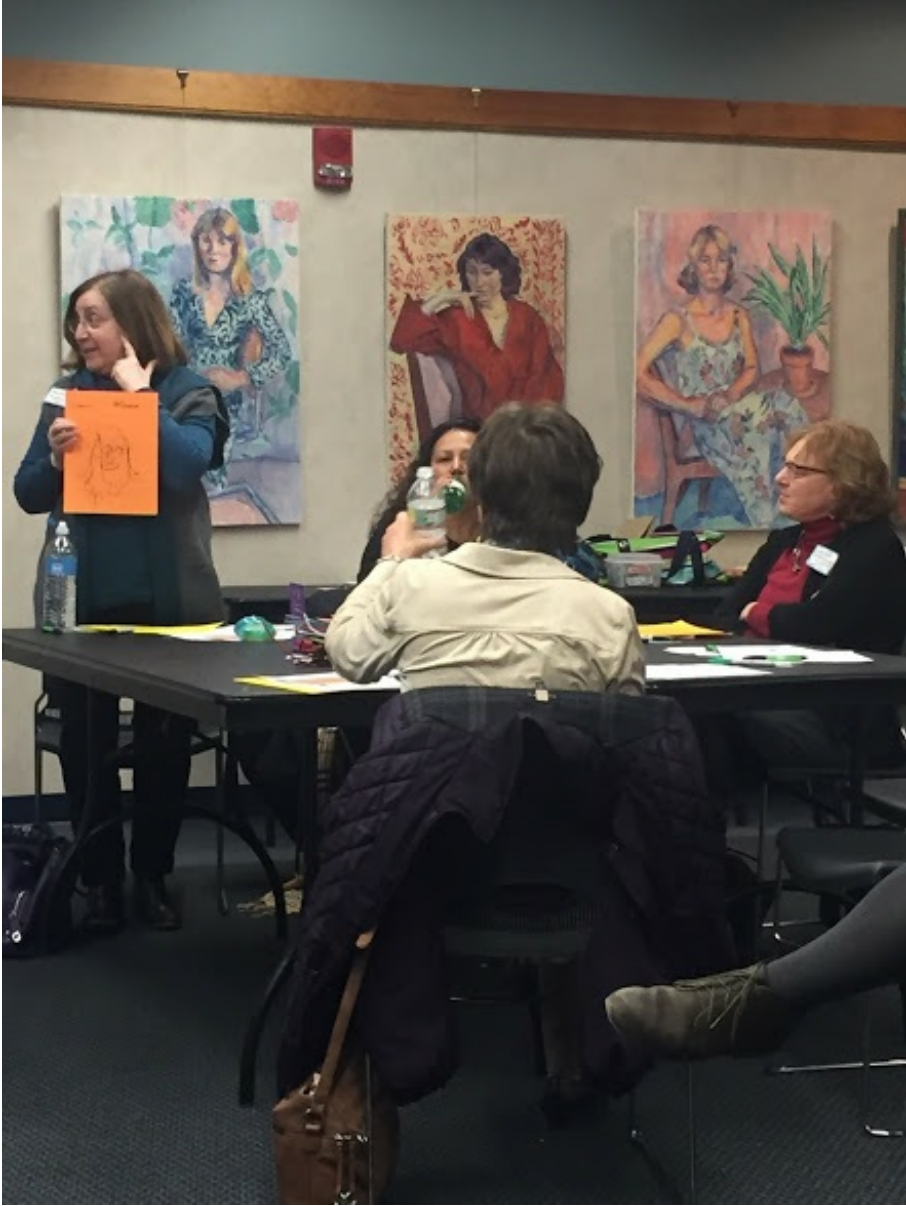
Be sure to follow us on Facebook, Twitter @chna18MA, and on our [Website](#) to stay up to date on these events.

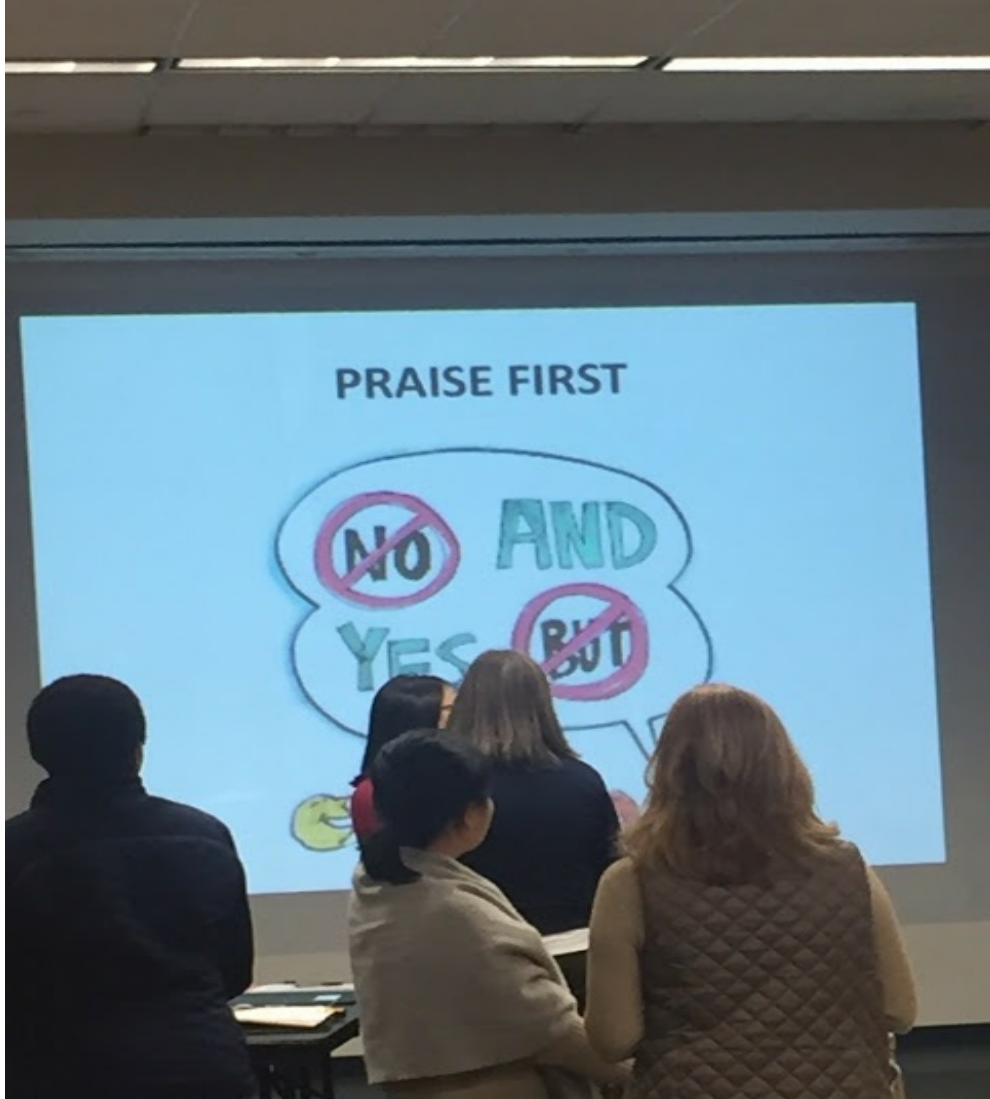
CHNA 18 Spring Workshop and Grant Program

On May 19th CHNA 18 hosted Kristen Peterson of New & Improved, LLC for an amazing

workshop on creative thinking and planning. Attendees participated in a variety of activities and exercises meant to challenge them to think differently about issues or plans they had at work and at home. Everyone had a great time, learned a lot and the evaluations were off the charts! Here are a few pics from this fun event:







Upcoming Events From Our Community Friends and Partners

Free webinars from Asperger/Autism Network:

May 7: Financial Literacy: [Planning and Money Management Webinar with Scott Borchadt](#)

This webinar familiarizes adults with Asperger's and related profiles with the components of a personal budget, including income, planning savings, taxes, and fixed and variable expenses. Attendees will identify a financial goal as well as the basic parts of their budget, so they can manage spending to achieve their financial goals on their own or if necessary, articulate their financial goals to the "financial coach" within their support network.

May 3 webinar (in Spanish):

[Autism Spectrum Disorder/ Asperger Profile, understanding the diagnosis and first steps.](#) (This webinar will be presented in Spanish only.)

"May 3 Webinar in Spanish. En este webinar, Laura Perez le ayudará a entender el diagnóstico, y cómo éste puede impactar a su hijo(a) y a su familia. También aprenderá a establecer prioridades y desarrollar una estrategia para ayudar a su hijo(a). "



The evening will provide a practical tool for parents to use at home, refreshments, and lively conversation.

<http://www.adolescentwellness.org/spring/>



FOUNDATION FOR METROWEST

CENTER FOR

PHILANTHROPY EDUCATION

When Conflicts Arise: Effective Techniques to Deal with Challenging Volunteer Situations

Presenter: Claudia Lach, Lach Training & Consulting

Date: Wednesday, May 16

Time: 10:00 AM - 12:00 PM

Location: Dover Town Library
56 Dedham St., Dover, MA 02030

Ideal for: Any nonprofit staff or board member interested in learning about volunteer management

[Learn more and register](#)

Business Modeling: Break the Status Quo and Design the Nonprofits of Tomorrow

Presenter: Eric W. Curtis, Curtis Strategy

Date: Thursday, May 17
Time: 9:30 - 11:30 AM
Location: Waltham Public Library
735 Main St., Waltham, MA 02451
Ideal for: Ideal for transformative leaders and visionaries

[LEARN MORE & REGISTER](#)

Perfecting Your Solicitation Skills

Presenter: Chuck Gordon, The New Kensington Group
Date: Thursday, May 24
Time: 9:00 - 11:00 AM
Location: Wellesley Free Library
530 Washington St, Wellesley, MA 02482
Ideal for: Executive directors, board members, and development directors

[LEARN MORE & REGISTER](#)



Registration is NOW available for this year's permanency summit:

Permanency: Oh, the Places We'll Go! (and we'll get there better together...)

Friday, June 8, 2018 • 8:30 AM-3:30 PM • Walker, Needham Campus

Please find attached a copy of the team registration form. Forms should be returned to me (Shannon Lee at slee@walkercares.org) no later than 5:00 PM on Thursday, May 3rd.

Space will be limited. Teams will be registered on a first-come, first-served basis.

A team registration fee of \$250 is requested to offset Summit costs (invoice to be sent at a later date). However, as we do not want the fee to be a barrier to attendance, team contacts should reach out to me directly if help defraying the cost is needed.

[Skin Cancer Screening Event](#)

May 15th

6:00-8:00pm
Newton-Wellesley Hospital
2014 Washington Street
Newton, MA 02462

Please call 617-243-5900 to reserve your space.

Come spend the morning with us!

JF&CS Memory Café is a welcoming place for individuals & families living with memory changes



Coffee, refreshments, and conversation with new friends of all ages • Monthly guest artist



Please join us:
Friday, May 4
10:00 a.m. – noon

Dance/Movement Therapist Audrey Albert King will demonstrate a movement choir, a way to stretch and get a little exercise while discovering our creative expression as a group. There will be time for social dancing too. No experience necessary!

When: Usually meets on the first Friday of the month from 10:00 a.m. – noon

Location: JF&CS Headquarters
1430 Main Street, Waltham
Park in any of the spots
surrounding our building.

Fee: There is no charge.
Donations gratefully accepted.


For more information, please contact Beth Soltzberg at bsoltzberg@jfcsboston.org or 781-693-5628.

A care partner must accompany guests who require personal care assistance.

Memory Café is brought to you in collaboration with the Waltham Student Group at Brandeis University. We gratefully acknowledge the support of the Lebovitz Family Charitable Trust. To learn about other memory cafés in our region, visit www.jfcsboston.org/MemoryCafeDirectory

JF&CS
Jewish Family & Children's Service

Alzheimer's/Related Disorders Family Support

jfcsboston.org | 781-647-JFCS (5327) | Stay Connected:   

WALTHAM HEADQUARTERS | BRIGHTON | CANTON | CENTRAL MA | NORTH SHORE

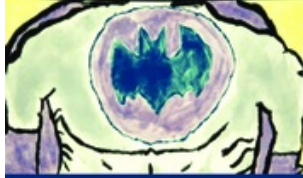
SUPPORTED BY
cjp

United Way

Jewish Federation

Claims Conference
The Conference on Jewish Material Claims Against Germany

ועידת התביעות



6:00 pm Reception
**How Art
Helps Us Heal**

LEARN about the power
of art therapy

SEE how artists in the
community support REACH

CREATE art with us

7:00 pm
**Annual Update
and Awards**

Join us at the Annual Meeting
for REACH Beyond Domestic Violence, Inc.

WEDNESDAY, MAY 23, 2018

6:00 PM - 8:00 PM

Waltham Woods Conference Center at Massachusetts Medical Society
860 Winter Street, Waltham, MA 02451

Celebrating the Recipients of the 2018 Voice for Justice Awards

KEVIN DUNCKEL

Volunteer and Board Member
Ruth and Virginia Bigwood Award

PAT MATTINA

Volunteer and Advisory Board Member
Mary Young Award

Featured art was created by survivors working with REACH.
Jordana, *Broken Free* (background) and "Alex", age 9, *Dimension Batman* (top left)

NEW AND ARCHIVED JOBS/GRANTS/RESOURCES

NEW

GRANT OPPORTUNITY

We are pleased to release the first round of requests for proposals for the Boston Children's Collaboration for Community Health. The Office of Community Health at Boston Children's is now inviting community organizations to submit a letter of intent for one or more of the funding opportunities listed below:

- Zero to Five Child Health and Development
- Family Housing Stability Initiative and Family Economic Opportunity
- Community Physical Activity, Recreation and Food Access

All Letters of Intent must be submitted on-line at <https://bostonchildrens.smapply.io> by Friday, May 18th 5:00 p.m. We are hosting an information session for interested organizations next Wednesday, May 2nd, 2:00-4:00 p.m. at the Bruce C. Bolling Building in Roxbury. Sign up here.

You can find more details in the Requests for Proposals (RFPs) packet posted at BostonChildrens.org/funding (also attached). Please share this announcement with your colleagues and partners, and be in touch with any questions.

NEWSLETTERS

[Health Care for All:Â Health NewsWatch Latest Issue](#)

[Jewish Family & Children's Services](#)

ARCHIVED

Job openings at Springwell. (click to see PDF with listings)

Grant opportunity at the Foundation for MetroWest:
The Foundation for MetroWest will soon be accepting proposals for the Community Endowment of Lexington and The Fund for Wellesley Competitive Grant Programs.

If you are a registered 501(c)(3) nonprofit or a public agency serving the Lexington or Wellesley communities, we encourage you to consider this opportunity for funding. Please share this with your networks!

Join an information session to learn about funding priorities and to answer questions about the application:

Community Endowment of Lexington Information Session:

When: Friday, January 26, 2018, 9:00-11:00 AM

Where: Lexington Community Center

[Click here for more information](#)

To RSVP: Email Megan by January 24, 2018

For The Fund for Wellesley Information Sessions:

When: Wednesday, January 31 AND February 7, 2018,
9:00 AM- 12:00 PM

Where: Wellesley Free Library

[Click here for more information and to register](#)

